



Patient Information Leaflet

Tixocortol pivalate/Hydrocortisone

You are allergic to tixocortol pivalate; this implies you are also allergic to hydrocortisone, which is a topical steroid cream. Usually dermatitis or eczema improves when patients stop applying hydrocortisone cream if they are allergic to it.

Hydrocortisone-containing preparations are also found in haemorrhoid preparations, ear, eye and nose drops, nasal sprays, inhalers, enemas and tapes for skin application.

The following creams and ointments contain hydrocortisone:

Hydrocortisone cream/ointment*

Cortopin*

Dermacort*

Lanacort*

HC45*

Zenoxone*

Dioderm

Efcortelan

Mildison

Alphaderm

Calmurid HC

Eurax-Hydrocortisone

Canesten HC*

Daktacort*

Econacort

Fucidin H

Gregoderm

Nystaform HC

Timodine

Vioform-Hydrocortisone

* Can be bought at a pharmacy without a doctor's prescription.

Roughly half of people allergic to hydrocortisone will be allergic to other steroids particularly hydrocortisone-17-butyrate (Locoid[®]). The steroid least likely to cause a problem that comes in a variety of strengths is fluocinolone acetonide (Synalar[®]).

REMEMBER

If you become unwell, your doctor may wish to give you an injection of hydrocortisone or other steroids to treat eczema, asthma and some other conditions. You should warn your doctors of this allergy as it may cause a widespread skin rash. Betamethasone and dexamethasone are the least likely to cause a reaction.