



Patient Information Leaflet

Disperse Blue 106/124

You are allergic to Disperse Blue 106/124.

Disperse dyes 106 and 124 are chemicals which are added to textiles and fabrics (such as clothing and bedding) to create rich colours and enhance visual appeal.

These two dyes are used primarily to dye **polyester** and **acetate** textiles, although they can also be used to dye colour-blended and natural fabrics.

They are not confined to blue fabrics and can also occur in any dark colour and even green/ violet / purple shades.

You should avoid:

Polyester, acetate and polyester/acetate blends that are blue, black, brown, green violet/purple

Lycra/spandex exercise clothing in the above colours

Dark nylon stockings

In addition you are advised to:

Wash all new dark clothing and bed linens at least twice before use

Replace dark-coloured liners of clothing with white

Wear 100% natural-based fabrics such as silk, wool, linen, cotton

Wear loose-fitting garments